

# THE SPORT CLUB Rivera Nayarit, Mexico







# The Sport Club · Paradise Village Resort & Spa

From tennis and swimming to personal training, gym and yoga, the Club offers everything you need for sports, fitness and wellness. Some members are very serious about exercise. Others just come to have fun, challenge a friend at tennis, work on their swing or enjoy a Pilates class. Whatever your goals, El Tigre Sport Club can meet your needs.

#### **SERVICES**

Numerous group exercise classes are offered each week for all fitness levels. These include Pilates, spinning, dance classes, step aerobics, yoga and more. To achieve the benefits of cross training, we encourage your participation in a variety of classes, exercising at a comfortable, yet challenging level. The Club has four exercise studios with shock-absorbing floors.

## **AMENITIES**

In addition to superb recreational and sport facilities, Members also enjoy superb complementary facilities and amenities:

- Luxurious locker rooms
- Whirlpool (Jacuzzi)
- Sauna

- · Bath Amenities
- Steam
- · Day-use lockers
- Towels

# **FACILITIES**

- · Five outdoor tennis courts including one stadium style tennis facility
- · Three squash courts
- · Outdoor, 25 meter Lap Pool with 5 competition lanes
- Gymnasium and Fitness Workout facility
- · Indoor Basketball, Volleyball and Badminton court
- · A kids safe swimming pool with water-park features



#### Open:

Tuesday through Saturday 6:00 am to 9:00 pm Sunday from 7:00 to 6:00 pm Mondays from 6:00 to 11:00 am (GYM, lockers & Tennis)

## OTHERS RECREATION

- · A 2,500 sq. ft. indoor, air conditioned children playground with bouncy inflatable play area
- · 2 Shuffleboard courts
- · 2 Bocce ball courts
- 4 Table tennis
- Card Playing tables

The most complete, exclusive and Luxurious sports facilities in the Vallarta region!

#### Contact us at:

sportsclub@paradisevillagegroup.com www.eltigresportsclub.com

**RESERVATIONS AND INQUIRIES:** Mexico: +52 (322) 226 8195







